



Student Services Office
601 E. Ellsworth Lane
Bayside, Wisconsin 53217
Phone: 414-247-4252
Fax: 414-540-0293
preich@foxbay.org

Dear Parents, Guardians, and Caregivers,

Our district recognizes that a student's educational experience can be compromised unless emotional well-being is present.

As part of our new strategic plan and our ongoing effort to better meet the entire health needs of our students, the Fox Point-Bayside School District is offering several resources for mental health support:

- Six free sessions of therapy at another location provided by [Advocate Aurora Student & Family Assistance Program](#)
- In-school private counseling from [Clinical Psychology Associates](#)
- Access to [Parents United](#) resources and presentations

If you feel your child is struggling with managing their emotions, anxiety, stress, or is often in a depressed mood, consider using the service(s) that best fit your family's needs.

Below is more detailed information. Please do not hesitate to reach out with further questions.

Kind regards,

Paul Reich
Director of Student Services

Advocate Aurora Student and Family Assistance Program

The District will continue to provide mental health services through the Advocate Aurora Student and Family Assistance Program (SFAP). This program offers up to (6) free one-hour sessions with a licensed counselor per issue on a variety of topics related to mental health for ALL students and members of their households within our district.

SFAP also provides other services and benefits, including legal and financial consultation. Please visit the [Student & Family Assistance Program flyer](#) or [SFAP video](#) to learn about the program and get started accessing these services. Call 1-800-236-3231 between the hours of 8:00 am and 5:00 pm Monday through Friday to schedule an appointment to speak with a counselor.

Onsite Counseling at Bayside Middle School and Stormonth Elementary School

In an effort to provide on-site mental health resources for students and families, The Fox Point-Bayside School District is pleased to host [Clinical Psychology Associates](#) for students at Bayside Middle School and Stormonth Elementary School during school hours.

These counseling services are run entirely independent of the district and payment will be via your family's health insurance or an out-of-pocket rate.

Learn more about the [Clinical Psychology Associates Therapists](#) and book a session by calling or texting (262) 975-0012.

Comparing CPA and SFAP

	Clinical Psychology Associates	Advocate Aurora Student and Family Assistance Program
Service Eligibility	Students only	Students and family members
Cost/Payment	Personal insurance or out-of-pocket	The first 6 sessions are free
In-person or virtual	In-person	Virtual or in-person
Location	Designated locations at Stormonth and Bayside	Clinic
Parent Participation	Parents/Guardians <u>may choose</u> to attend sessions with their child	Parents/Guardians are <u>required</u> to attend sessions with their child

Parents United

To continue fostering family engagement in important topics at home, the Fox Point-Bayside School District is renewing its membership with [Parents United](#) to provides resources and in-person or virtual presentations on topics like:

- Stress & anxiety
- Supporting students with Attention Deficit Hyperactivity Disorder
- Teaching resilience
- Tips for developing systems and structures to influence behavior at home and school and more

Visit the [Parents United](#) website to register as a Fox Point-Bayside parent/guardian/caregiver to access these resources and view the [Parents United brochure](#) for more information.